

# INFLUENCING SKILLS FOR HEALTH & SAFETY PROFESSIONALS

Influencing people to do the right thing when it comes to health and safety should be easy, shouldn't it?

Yet it is actually a real skill. Traditionally, training has focused on a technical skill set and, no doubt, your team has this at their fingertips. But how good are they at understanding the tools of influence they can use to gain better results for health and safety, as well as for themselves and their careers?

The Influencing Skills for Health & Safety Professionals course has been developed to provide a basic skill-set in influencing. Engaging and interactive, the course looks at empathy and emotional intelligence, the keys to influencing, your personal influencing style and practical active non-judgemental listening skills.



## WHAT YOU NEED TO KNOW:

- This is a one-day course, which can be run in house for up to 12 people (or a greater number with more than one facilitator)
- This course has the optional use of professional actors, which we will discuss with you.

The Healthy Work company specialises in Mental Health, Influencing and Leadership training. With a particular understanding of the health & safety market we tailor courses or facilitate team meetings to suit your requirements.

WE HAVE DELIVERED TRAINING  
TO SUCH BUSINESSES AS:

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The rules for work are changing. We're being judged by a new yardstick: not just by how smart we are, or by our training and expertise, but also by how well we handle ourselves and each other.

Daniel Goleman

## LEARNING OUTCOMES:

By the end of this session you will:

- have the knowledge of the key tools of influence
- understand empathy and how it applies to influence
- be developed in the basic skills of active, non-judgemental listening.

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Very engaging, exceeded my expectations, relevant, a great group and very well facilitated.

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Great session which has me thinking.

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This session unlocks the passion of so many who have hidden it.